



Mary Lou McKuan

September 18, 1948 - May 20, 2024

Mary Lou McKuan, a devoted mother, cherished sister, and beloved social worker, passed away on May 20, 2024. Born in Cleveland on September 18, 1948, to the late George and Helen Forster. Mary led a life filled with compassion and love.

She leaves behind a legacy of love and dedication, survived by her children Scott Helmick, Jennifer Helmick, Christopher Helmick, grandchildren Riley, Lucas, Brynn, Piper, Tatum, and Maeve, sisters Patsy, Carol (Bud), and Maureen (Mike), along with numerous extended family members and friends. Preceding her in death, her sister Kathleen Bravchok.

Mary Lou's passion for exploring new places, tending to her garden, and finding joy in the outdoors were unparalleled. With a heart full of love for animals, she found solace in caring for them as much as she did for those she served as a dedicated social worker for over 20 years.

Having earned her bachelor's degree from TRI-C and Capital University, Mary was a guiding light to her children and a beacon of hope to many she encountered. Her gentle spirit and unwavering kindness touched the lives of all who knew her.

Mary Lou's presence will be sorely missed, but her memory will live on in the

lives she touched and the hearts she held close. May she rest in eternal peace. Donations in her honor can be made to the Alzheimers Association.

Tribute Wall

JH

“ You fought a brave battle you could not win (Alzheimers)! Now you are at peace and don't have to fight anymore! We Love u mom! 💔
Jennifer



Jennifer Helmick - May 30, 2024 at 04:24 AM

JC

“ Mary Lou was our first cousin. I have happy memories of going to the Foresters in Garfield Heights and playing with our five cousins. We are so sorry for the loss of your dear mother. Your tribute to her as shared in the obituary is so loving and beautiful. She loved each of you in a special way. My husband George and I will keep you in our thoughts and prayers. With blessings for comfort and peace for your mother who is also at peace and watching over each of you.

Love, Jane Cavanaugh and George Kasulones

Jane Cavanaugh - May 26, 2024 at 07:24 PM